

NH's State Committee on Aging

June 6, 2016 Meeting Minutes

<u>Attendees:</u> Norma Brettell, Richard Crocker, Candace Cole-McCrea, Larry Flint, Mark Frank, Sherri Harden, Herb Johnson, Joan Schulze

Excused: Russ Armstrong, Rep. Susan Emerson, Bob Ritchie

Guests: Mary Flint, Susan Lombard WellSense, Tracey Tarr DHHS, Jim Thompson

Meeting called to order at 10:00 am by Mark Frank. Attendees introduced themselves.

Motion to approve the May 2, 2016 meeting minutes, motion was approved.

Mark asked a question: Should we have a meeting in July and August?

- July meeting has been canceled
- On August 1, 2016 SCOA will meet for a short retreat, the location is to be determined at a later date and Mark will send out an email as to the location and time and agenda.

Carol sent out information on how to change a committee into a commission, but Mark feels we should discuss the process after we have more information.

Community Updates:

Larry Flint, Sullivan County: Sullivan County advocates which is the Area Committee on Aging (ACOA) has a new chairman and they have changed their meeting to the fourth Tuesday of the month. Larry will be gathering all the information and send it to Margret Morrill, DHHS to have it put into Aging Issues.

The chairman for ACOA is Cindy Roberts; she is the site supervisor for ServiceLink.

New Hampshire Masters games is down to 17 events, they cut out cycling because to cost too much. It is in August. Please go to the website nhmastersgames.org to sign up and get more information on all the games.

Rich Crocker, Belknap County: Winnipesaukee Health Council in the lakes region is the vehicle for a number of age related issues, one is a care giver survey being distributed in the region in order to develop concrete plans for supporting care givers. Another is a few people have become trainers for a program called "A Powerful Tool for Care Givers", the trainers will be setting up meetings to help educate other care givers.

Falls prevention initiative has been going on for about a year, there has been maybe four sessions.

The Public Health Council is a collaboration of home health, hospitals, community providers, who have put into place a regional community health plan which has an aging and disabilities sub-committee which has many projects going on.

Mark Frank, Coos County: We have restarted the Colebrook Area Resource team which consists of providers and area citizens. At the first meeting there were 20 people in attendance. Colebrook will hold a "Ask the Question" campaign training.

Mark attended the Berlin Area Resource. The Berlin Hospital owns a copy of the film 9 to 90.

Mark is a member of the Lancaster team to revise their Emergency Management Plan.

Mark has been appointed to Deputy Grand Knight by his council in Lancaster and his council is interested to showing the movie 9 to 90 in the community.

Candace Cole-McCrea, Strafford County: The Strafford County Area Committee on Aging (ACOA) will be doing the diabetes program taught by Rachel Eichenbaum from New England QIN-QIO.

Candace has resigned from the Planning Health Council.

SCOA retreat August 1, 2016

Next meeting is on September 12, 2016 10:00am to 12:00pm

The meeting was closed early (10:45) to allow members to join the DHHS staff and attend our sponsored showing of the film 9 to 90.

New Hampshire State Committee on Aging (SCOA)